



**CABERNET CUP ICE HOCKEY TOURNAMENT ([www.cabernetcup.com](http://www.cabernetcup.com))**

THIS DOCUMENT SERVES AS A WAIVER AND RELEASE OF LIABILITY.  
PLEASE READ IT CAREFULLY BEFORE SIGNING.

*By signing this form you give up important legal rights.*

This is a binding legal agreement. In consideration of being allowed to participate in any way in the Cabernet Cup Ice Hockey Tournament program, related activities and events, I and my child (the undersigned), acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. The risks and hazards of ice hockey include, but are not limited to, injuries from:
  - a. Exerting and stretching various muscle groups;
  - b. Vigorous physical exertion, rapid movements and quick turns and stops on the ice;
  - c. Strenuous cardiovascular workouts;
  - d. Collisions with the hockey boards, goalie nets and ice;
  - e. Being struck by hockey sticks and pucks;
  - f. Physical contact with other participants, resulting in injuries to the eyes, teeth, face, head and other parts of the body, bruises, sprains, cuts, scrapes, breaks, dislocations and spinal cord injuries which may render me permanently paralyzed;
  - g. Variations in ice surface;
  - h. Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities;
  - i. Fatigue and anxiety attacks from challenging myself during the activities; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, and assume full responsibility for my/my child's participation. I can lessen the chance of severe injury by wearing certified protective hockey specific equipment, including but not limited to, face shield, mouth guard, shin pads, elbow pads, shoulder pads, helmet, hockey gloves, hockey pants, ice skates, athletic support and neck guard. That despite the rules in place, violations and or accidents may occur and may result in injury; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself/my child



from participation and bring such to the attention of the nearest official immediately; and,

- 4. I HEREBY RELEASE AND HOLD HARMLESS THE CABERNET CUP ICE HOCKEY TOURNAMENT, their directors, officers, conveners, officials, volunteers, participants, representatives, clubs, owners/operators of the facility, agents and/or employees, sponsoring agencies, sponsors and advertisers ("Releases"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property.

I have read the above information and understand that these policies will be strictly enforced. I also understand that failure to comply could result in immediate suspension and/or expulsion from the Cabernet Cup Ice Hockey Tournament.

**I AGREE AND UNDERSTAND THAT I HAVE JUST ENTERED INTO A RELEASE-AND-HOLD-HARMLESS AGREEMENT AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I MAY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

\_\_\_\_\_  
**Participant's Name (Print)**

\_\_\_\_\_  
**Participant's Signature**

\_\_\_\_\_  
**Parent/Guardian's Signature**

\_\_\_\_\_  
**Date Signed**

By submitting this form, you agree to and acknowledge the waiver, and do solemnly declare that you are the above mentioned person.